



Navigators Discipleship Tool

ONE-TO-ONE PLAN

These are the four areas generally included in a one-to-one meeting. Since all are important, you should plan well to assure that no one “slice” takes up a majority of the time.

Processing Life

- Spiritual, emotional, and physical state
 - *How are you doing?*
- Relationships with others
 - Dating, roommates, etc
- School, work, and other responsibilities

Personalizing Input

- Accountability
 - Review Scripture memory
 - Talk about how quiet times are going
 - Any other accountability conversations
- Talk about Bible study, church, any places they’re receiving spiritual input
- Two key questions:
 - *What lessons are you learning?*
 - *What questions are you wrestling through?*

Providing Content

- **Conviction:** *Why is this important?*
 - Illustrations, analogies, stories
 - Key passage or verse from Scripture
- **Competency:** *How do I do it?*
 - Illustrations and tools
 - “With them” activities
- **Consistency:** *Lifestyle of living it*
 - Next step plan
 - How to pass it on

Praying Together

- Pray about the content you covered and next step plan, pray it into your lives
- Ask for other prayer requests